



# PRESTON HOLLOW

## Early Childhood Association

IN ASSOCIATION WITH THE TEXAS AND NATIONAL PTA

11

December

### THERE IS NO DECEMBER MEETING

Please join us after the new year for our January meeting on January 23rd at Cochran Chapel United Methodist Church!

Located at the Southwest Corner of



### At a Glance

**December 7—7:30pm**

Mom's Night Out

Cookie Exchange—Home of Kathy Bailey

**December 13—4:00pm**

Children's Christmas Party  
PHUMC—Founders Hall

**January 10—7:00pm**

Mom's Night Out

Join us at the Movies!

*Look inside for more information.*



#### REMINDER:

Be sure to make a reservation if you need childcare for our January meeting.

**Location:** Childcare is available on-site at Cochran Chapel UMC  
**Hours:** 8:45 to 11:45  
(cut-off for drop-off is 9:30)

**Coming Soon—Reservations by Evite**

## The Season of Giving

Thank you so much to everyone who brought a gift for our Toy Drive. Paige McDaniel from Community Partners of Dallas came and spoke at our November meeting and described to us the significance to these children of having their exact wish granted. Many of these children have been moved to different homes, abused, told they are not good enough and haven't had the type of loving attention that we naturally give to our children every day. For these children, these wishes are so much more than just toys. They show these children that they are important, they will be listened to, and they will be cared for. The moms in this group are so compassionate and generous and I'm glad we were able to share those gifts with the community. What a great way to kick off the Season of Giving!

Happy Holidays to all!!!

Amy Ratterree  
PHECA President

# 4 Ways to Avoid Holiday Stress

*What not to stress about this holiday season...*

## Showering Daily.

Seriously. The air is drier in the winter, which means you need your skin's natural lubricants.

## Spending More Time with Your Kids.

It's good for your children to see their mom as someone who takes care of herself, whether that's heading to spin class or reading a book. Now you can say "Do as I do" and not feel guilty about that!

## Cooking from Scratch.

You know why your great-grandmother made everything by hand? Because she had to! Duncan Hines cake mix didn't hit the market until the 1940s. Considering her practical streak, she'd applaud your use of premade piecrust, grocery delivery, and boxed soup.

## A Spotless House.

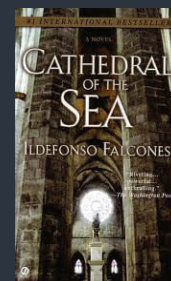
Yes, there is such a thing as being too clean. A little bacteria doesn't necessarily hurt, especially for kids, whose immune systems need some exposure to germs in order to build up resistance. If you wipe down floors, sinks, and toilets-and change sheets every week or two-you're golden.

Courtesy of Parenting.com



## BOOK CLUB

Our next meeting will be on **December 12th.**



We are reading

***Cathedral of the Sea* by Ildefonso Falcones**

For November we read

***The Street of A Thousand Blossoms* by Gail Tsukiyama**

The reviews were positive:



## SCHEDULE:

Jan 9 ~ *Half Broke Horses* by Jeanette Walls

Feb 13 ~ *Major Pettigrew's Last Stand* by Helen Simonson

Mar 12 ~ *Someone Knows My Name* by Lawrence Hill

We meet on the 2nd Monday evening of the month at the Neuhaus Cafe at 7:30pm.

Please RSVP at [info@phcpta.org](mailto:info@phcpta.org)





## JANUARY MOM'S NIGHT OUT

JOIN US AS WE TAKE A  
BREAK AT THE MOVIES

TUESDAY  
JANUARY 10TH  
7:00 PM

WATCH FOR YOUR EVITE



**Welcome  
New Members**  
*Theresa Chung  
Jennifer Hamler  
Andrea Nelson  
Amy Roehl*



Lower School  
Admission Previews:

October 12

October 18

November 9

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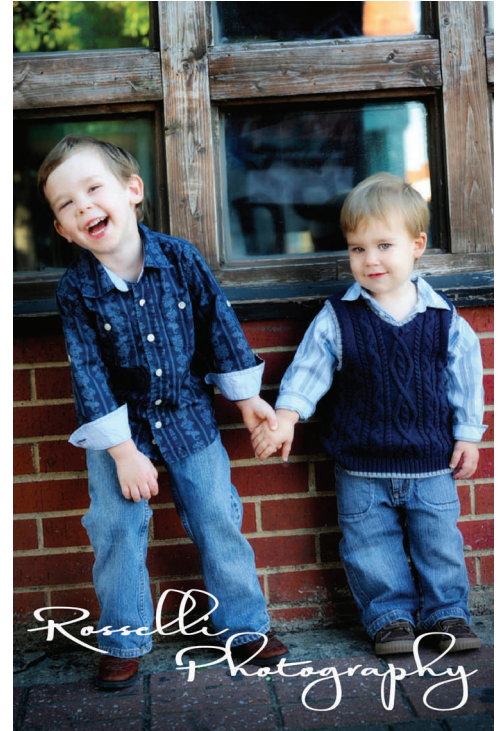
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Mon - Wed 10-6  
Thurs - Fri 10-7  
Sat 9:30-7, Sun 10-5

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